



## World Aquatic Development Conference

# Learn To Swim

8-10th of January 2016, Lund, Sweden

We are very happy to announce "Learn To Swim" track at WADC 2016. This year the Conference aims to challenge our thinking about integration and inclusion: How all kids from risk takers to those who are afraid of water can get the opportunity to swim. We will also talk about the current curriculum in school swimming and how we best teach the children that does not normally participate in swim schools.

Our speakers have experience from young kids to youth swimming. During the conference they will talk about the age from 3-12 years and how they work in this range to get the most out of swimming.

We welcome swimming teachers and other leaders in swim educating from all around the world to Scandic Star Hotel in Lund, Sweden from January 8th-10th 2016.



### Conference fee

Sign up before 1st of December 3295SEK

Sign up after 30th of november 3895 SEK

Last day for Sign up 1st of december

This includes:

- 3 days conference with some of the world's best coaches/lectures
- Lunch Friday- Sunday
- Coffee breaks
- Conference material

## Confirmed speakers



### Daniel Zylberg

Daniel Zylberg is a clinical psychologist in Paris., France. He works with children in a psychiatric hospital and teaches infant psychology at the Medical University of Paris XIII. He is one of the founder of the FAEL and is now an expert member about babies and young children of the FFN (French Swimming Federation). WABC Award in 2010 he gave several lectures in Los Angeles, Melbourne, Mexico, Beijing. He is involved in the training of lifeguards in the National Institute of Sports and at the CREPS Ile de France He wrote several books and the last one was published by the FFN. Since 1978 he is the pedagogical leader in the "Swimming Baby and Children" section of the Grange aux Belles Paris X°.



### Gunnar Breivik

Gunnar Breivik is professor emeritus of social sciences at Norwegian School of Sport Sciences (NSSS). He is also former Rector at NSSS. He is especially interested in ethical dilemmas in sport, the problem of doping, personlity of risk sport athletes, and physical activity in the general population.



### Milton Nelms

Milton Nelms, an American living in Australia, has an international reputation for his work with elite swimming athletes, their coaches, and different swimming and sport organizations. His methods in helping athletes to improve performance led him to develop an interest in the deepest instinctive responses that human beings have when going into the water. As a result, he has designed learn to swim programs and swimming improvement programs that use the same principles for anyone of any ability, age, or experience level with the water, including fearful children and elite athletes.



Swedish Center for Aquatic Research



#### **Maren Ulfers**

Maren Ulfers is a mother of 5, sport-scientist and the founder of the swimming school Aquasport ([www.aquasport.de](http://www.aquasport.de)) in Bietigheim-Bissingen near Stuttgart. She has 14 staffs and almost 600 participants are doing Aquasport per week: AquaticFitness, Swimming school for adults, kids, infants and babys. She teaches all ages and abilities. The Aquasport-Institute (Irene Souvard und Maren Ulfers) qualifies sport-teachers to AquaPedagogues in two steps: First is the Course-Instructor (Baby-Kids-Aquafitness) and second is the Trainer.



#### **Irene Souvard**

Irene Souvard is a mother of 2 and a breast-stroke specialist for the German National Team (1985–86). Souvard trained in United States at Harvard Swim Club under Coach Bernal, and earned her degree as a sport therapist, teacher and health coach. She currently teaches for AquaSport Ulfers in Bietigheim, as a personal trainer, WaterFit trainer, and swim instructor for all ages and abilities.



#### **Shane Gould,**

Shane Gould is a legendary Australian swimming athlete, who is the only woman ever to win five individual medals in a single Olympics (Munich, 1972). She is much honored in her own country, recognized as an Australian of the Year, and designated as one of 100 National Living Treasures in Australia.

Shane's philanthropic works include charities that act toward improving physical health and family relationships through activity in and out of the water. Together with Milt Nelms, the Shane Gould Swimming Project Inc provides swimming and water safety programs in places such as Fiji and Australia, designed to build community capacities and improve individuals health.



#### **Lars Åke Bäckman**

Lars-Åke Bäckman is Director of Education in The Swedish National Agency for Education. The National Agency for Education is the central administrative authority for the public school system, publicly organised preschooling, school-age childcare and for adult education. Lars-Åke will talk about what the Swedish curriculum says about swimming, and about the latest research from 2014 about the children's swimming ability.



#### **Jesper Fundberg**

Jesper is PhD in Ethnology and Ass. Professor in Sport Sciences at Malmö University. His research is focused on gender and diversity in sport and in society. He is also a consultant in leadership and masculinity. Jesper will have a common speak for both Competitive Swimming and Learn to swim.



#### **Stefan Adlerborn**

Stefan Adlerborn working in swimming since 1984. Head coach SK Laxen Halmstad. Working on finding new ways for young swimmers to learn the proper technique for excellence in years to come. SK Laxen has one of the fastest growing programs for age group swimmers in Sweden and are developing the learn to swim program with the experiences learned from competitive swimming.



#### **Dagmar Dahl**

Dagmar Dahl is a teaching associate professor for swimming, lifesaving and aquatics in the Department of Professional Studies, University of Nordland with long experience in teaching swimming for all age groups and on all levels. Dr Dahl leads a research group on "Metaphorical instructions and embodied learning in swimming". She is also member of the research group "I'm not drowning" lead by John Connolly, Lifesaving Foundation. Her Ph.D. work from the Norwegian School of Sport Science focused on Sport and Religion and led to further research on swimming in different cultural and philosophical contexts.



#### **Jan Kjensli**

Jan is the Sport development consultant for Norwegian Swimming Federation (NSF). He has been involved in swimming as a swimmer and coach for many years. NSF has over several years focused on the poor swimming education in public schools. Only 50% of the 10 year-old in Norway can swim 200 meter. NSF has together with the city of Bergen started a pilot project where the swimclubs and the public schools in Bergen cooperate to provide a better swimming education for the kids.



#### **Stephan Junggren**

Stephan is project manager and research assistant at Department of Sports Science and Clinical Biomechanics at University of Southern Denmark. He works with a research project on how to improve swimming skills among children in the Danish municipal primary and lower secondary school called "Everyone should learn how to swim". This project includes more than 1.000 children and around 40 schools around the country. Furthermore, he has his own business working with sport psychology, cultural leadership and talent development.

## **MODERATOR**



#### **Ulrika Faerch**

Ulrika owns and runs a successful boutique swim school in Denmark. In their own custom made facility together with her 25 dedicated staff members they teach 3.400 members weekly. Ulrika is also a family coach, author, lecturer and expert in baby swimming.

Ulrika lectures internationally about what she is passionate about: a quality relationship based approach and how swimming can contribute to that. Quality relationships build stronger swimmers, facilitate inner drive and release human potential. She recently published her new book in Denmark and the English version, 'Swimming into healthy relationships' is in the making.

"The passion for teaching swimming has given me amazing opportunities, friends, colleagues, experiences, inspiration and a career journey I never imagined possible. For that I am so grateful and to be able to give something back is a privilege." Ulrika Faerch

For more information and sign-up visit

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