

World Aquatic Development Conference

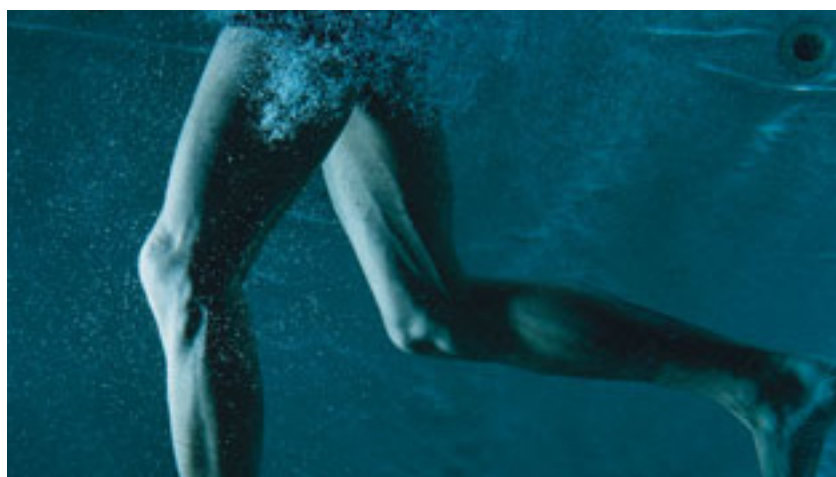
Aquatic Rehabilitation

13th of January 2012, Stadshallen, Lund, Sweden

We are happy to welcome you to the first World Aquatic Development Conference in Lund, Sweden from 12 – 15 January 2012, and the track Aquatic Rehabilitation. The newly started Swedish Aquatic Research Center (SCAR) is the organizer of the conference. We have four different tracks, which include learn to swim, competitive swimming, rehabilitation, and women's sport.

The aquatic environment has a broad potential, extending from treatment of acute injuries through health maintenance in face of chronic diseases, yet it remains an underused modality. In this conference we will talk about different subjects of Aquatic Rehabilitation, like using water in rehabilitation in the medical field to how typical injuries in swimming and throwing sports could be rehabilitated.

This conference suits medical personal, like physiotherapist and manual therapist, students in physiotherapy and other that are interested in Aquatic Rehabilitation.



Conference fee

Sign up before 15th December: 1395 SEK

Student price before 15th December: 349SEK (not including Lunch and Coffee)

Sign-up after 15th December: 2049SEK

This includes:

- 1 conference
- Lunch
- Coffee breaks
- Conference material

For more information and sign-up visit

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SPEAKERS



Milton Nelms

Milton is a leading expert and innovator in cutting edge swimming technique in the world today. He designs programming for athlete development and the teaching of swim technique. Milt's work is recognized as one of the top 25 most significant contributions to USA Swimming for the last quarter of the century. He lectures, conducts clinics and consults with swim clubs, swim federations and swim schools in the USA, UK, Australia, New Zealand, Asia, Scandinavia and Middle East, and is a personal consultant to a number of elite international swimming athletes and their coaches.



Olav Rafoss

Olav Rafoss is a Norwegian physiotherapist and manual therapist, and is the founder of the concept R.O.P.E.S (Rapid and Optimal Physical Exercise in Slings). He has earlier worked as an athletic coach, physiotherapist for the Norwegian Athletics Federation. Olav has over 30 years of experience with working with motion analysis and monitoring the athlete's functions. He has now started a project called EAS.Y (Endurance, Agility, Strength, Your level). EAS.Y is based on basic training, and the use of several remedies and equipment put together as a whole. EAS.Y principle is that it should be easy to carry, and each athletes will find their level that gives them quality in their movement. Olav will talk about: "The EAS.Y Concept-Back to Basics"



Kipp Dye

Kipp Dye is a Boston area Physical Therapist and former elite level swimmer at the University of California at Berkeley. Kipp specializes in rehabilitation of the shoulder for athletes in throwing sports and for competitive swimmers. He has also been issued a number of patents for rehabilitation equipment; including equipment for aquatic physical therapy apparatus and the widely used textured Thera-Roll. Kipp will speak about, and demonstrate, his unique clinical protocols. In addition, he will speak about the prevention of injury through healthier movements within the swimming strokes, citing planes of movement described in medical literature.

Program

08.30 – 09.00

Registration

09.00 – 10.30

Milt Nelms

Possibilities for rehabilitation in the medical field, using strategies learned from high performance swimming.

11.00 – 12.00

Milt Nelms

Can a multisensory approach in the water be used for rehabilitation and sport recovery?

12.15 – 13.15

Milt Nelms and Kipp Dye

Shoulder safe Swimming- can different technique models reduce shoulder injury in swimming?

13.15 – 14.00

Lunch

14.00 – 15.00

Kipp Dye

Shoulder rehabilitation for swimming and throwing sport – clinical explanation

15.15– 16.30

Olav Rafoss

The EAS.Y Concept- Back to Basics

